ALUMNI ASSOCIATION NEWSLETTER

Hillsborough County Sheriff's Office

ALUMNI ASSOCIATION

April 1, 2016

Hillsborough County Sheriff's Office Alumni Association, LLC
Post Office Box 6843 Brandon, FL 33511-7001
Phone: 813-247-8888

Inside this issue:

Message from Supervisor of Elections	*1*
Quarterly Meeting	*2*
In Memory Of	*3*
Upcoming Events	*4*
New Retirees	*5*
Advisory Board	5
Health/Wellness	*6*

Message from Supervisor of Elections

Craig Latimer

As many of you know, I retired from the Sheriff's Office in 2008 and went from HCSO to the HCSOE - the Hillsborough County Supervisor of Elections Office. As Chief of Staff, I instituted the principles I lived by while with the Sheriff's Office: Follow the law. Do the right thing. Provide excellent customer service.

Now serving as your Supervisor of Elections, I am dedicated to making Hillsborough County the best place in America to vote. As HCSO alumni, you know how big our county is. To conduct elections here requires an incredible amount of planning and organization. I take great pride in our immaculate warehouse. We fulfill hundreds of thousands of Vote By Mail ballot requests each election, and stage row upon row of Election Day equipment in precinct order so that it can be efficiently tested, maintained and deployed to hundreds of polling places.

In turn, I hope you are committed to being an informed Hillsborough County voter! Having a voice in our government defines us as Americans. We all know how important our state and local elections can be. This is where we elect candidates that impact the amount of taxes we pay and the services we receive.

Hopefully, you're already a registered voter. If not, make sure to register no later than August 1, the deadline for the Primary Election. When we get closer to each election, you'll receive a sample ballot in the mail. Take time to review the sample ballot and research the candidates and issues. Choose wisely.

It's important that you plan now to vote in both the Primary Election in August and the General Election in November. Florida has "closed primaries," so you must be registered with a party to vote in that party's primary races. But the Primary Election will also include nonpartisan races. Everyone votes in the nonpartisan races (which include school board members and judges) and many of them could be decided during the primary.

(Continued on Page 6)

Board Members

President
Ken Schintzius

Vice-President
William "Bill" Moore

Secretary
Vacant

Treasurer
Sandy Ray

Sheriff's Liaison
Major Robert Bullara

Upcoming Meetings

The HCSO Alumni Association Quarterly Meetings will be held as follows:

July 28, 2016

October 27, 2016

For more information on the HCSOAA, please visit the Sheriff's Office website at www.hcso.tampa.fl.us

Directions:

FROM NORTH, EAST, WEST

Interstate 4 or 275 to the 50th Street exit. Take 50th Street (US 41) south to 16th Ave South and turn left. JJ Taylor Distributing is one block down on left. Landmark is King Automotive; it's across the street from 16th Ave. NOTE: If you get to Causeway Blvd, you've gone too far.

FROM SOUTH HILLSBOROUGH COUNTY

North on 50th Street (US 41). Turn right on 16th Avenue South. JJ Taylor is one block down on the left. NOTE: If you come to Palm River Road you've gone too far.

Quarterly Meeting

The next Alumni Association Quarterly meeting will be held on April 28, 2016 at 7:00 p.m. The meeting will be held at J.J. Taylor Distributing Company, 5102 S. 16th Avenue, Tampa, FL 33619 (see map). A (free) buffet style **dinner will be served at 6:00 p.m.** Please come join in the fun.

Dinner Menu

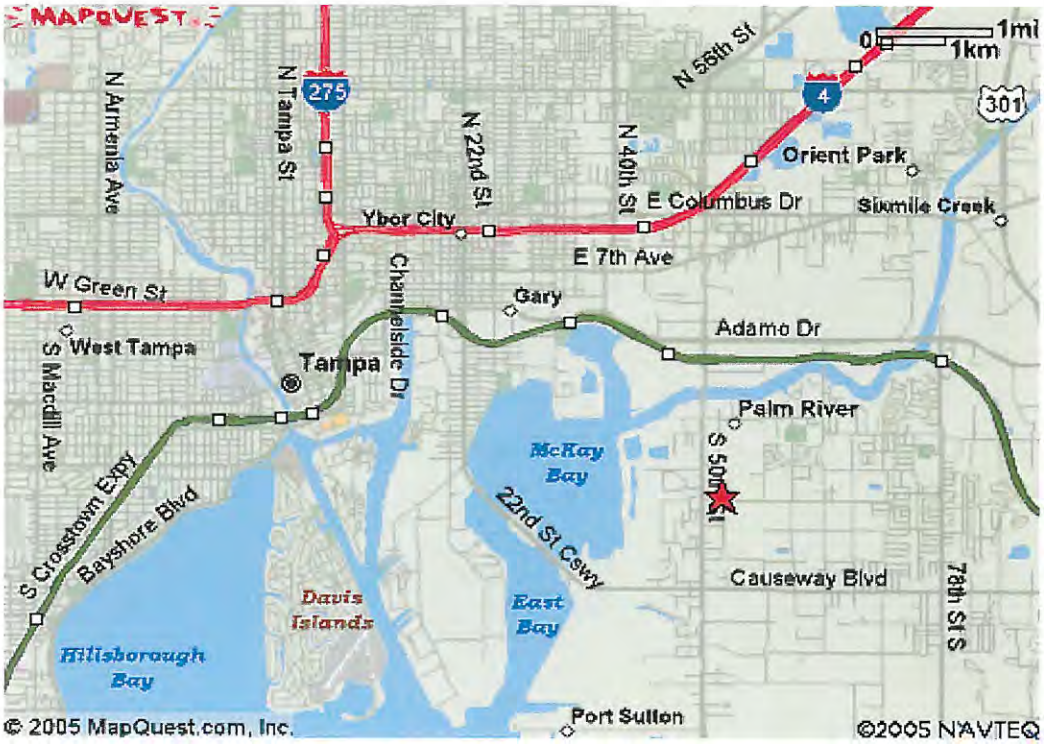
Dinner featuring Roasted Turkey, Stuffing, Glazed Carrots, Caesar Salad w/Dressing, Vegetable Tray w/ Dip, Cold Cuts & Sliced Cheese Tray, Assorted Breads and Chocolate Cake w/Peanut Butter Icing, at no cost.

Special Thanks

The dinner for our April 28th meeting is being sponsored by the Honorable Mark Ober, State Attorney for the 13th Judicial Circuit, Hillsborough County, FL. We thank Mr. Ober for his kind and generous donation and continued support.

ATTENTION NEW MEMBERS

Since the Hillsborough County Sheriff's Office Alumni Association does not collect dues, we are accepting a voluntary, one-time donation of $10. Anyone who is interested in making the on-time donation can do so at the quarterly meeting or mail a check to HCSOAA, P.O. Box 6843, Brandon, FL 33511-7001.



In Memory Of...

Current Employees

Sam Albano, Crossing Guard Supervisor

John Kotfila Jr., Law Enforcement Deputy

Rafael Zaragoza, Multi-Trades Worker

Retirees

Walter R, Brown Jr., Law Enforcement Deputy

Manuel Campoamor Jr., Law Enforcement Deputy

Jerry Cooley, Detention Captain

William Deaton, Detention Lieutenant

Shirley DeBlock, Community Service Officer

Raynell Goodman, Crossing Guard

David Gottgalf, Law Enforcement Deputy

James Holmes Jr., Chaplain

Edward Piper, Detention Deputy

Bobbie Richardson, Electrician II

Alumni Breakfast

Alumni breakfasts will occur the first Friday of every other month. The next Alumni Association breakfast will be held at 8:30 a.m. on Friday, June 3, 2016 at Perkins Restaurant, address 5002 E. Fowler Ave. Tampa, FL. Please join us for food, fun, and fellowship.

Upcoming breakfast dates:

August 5, 2016; October 7, 2016

Shirts, Decals, Etc

HCSO Alumni Association merchandise will be available for purchase at the meetings. To purchase items, contact Ken Schintzius at Kenneth.schintzius@gmail.com

If you are ordering merchandise through the mail, make checks payable to HCSOAA and send to the address listed on page one of this newsletter. For stickers and decals, add $.50 to your check for additional postage and $6.00 for shirts, caps, and jackets.

Items	Cost
Window Stickers	$2.00
T-Shirts (up to XL)	$11.00
T-Shirts (2X)	$12.00
T-Shirts (3X)	$13.00
Polo Shirts (up to XL)**	$0.00
Polo Shirts (2X)**	$0.00
Polo Shirts (3X)**	$0.00
Jackets (up to XL)**	$0.00
Jackets (2X)**	$0.00
Jackets (3-4X)**	$0.00
Baseball Style Cap	$12.00

****All clothing items are currently on hold due to increased costs from the vendor****

Baseball Style Cap

Window Sticker

Message from the Editor

If you would like to receive the quarterly newsletter via email instead of U.S. Mail please email your name and email address to Tanya Preza at tpreza@hcso.tampa.fl.us

I have an additional email distribution list. If you would like to receive any HCSO information (Promotions, Funeral Notices of Retirees or Current employees, Retirement Celebrations, Humana Vitality and other insurance information) please indicate you would like to be added to the HCSO News email distribution list.

UPCOMING EVENTS

HCSO Family Fun Day

April 23, 2016, 10:00 a.m. - 3:00 p.m.

Tampa Bay Baptist Conference Center

15601 Lake Magdalene Blvd., Tampa, FL 33613

Kickball competition, dunk tank, bake sale, face painting, bounce houses, laser tag, ring toss, corn hole, grilling competition.

Proceeds to benefit the Lynn Sowers Foundation

HCSO Health and Wellness Fair

May 4, 2016, 8:30 a.m. - 2:00 p.m.

Falkenburg Road Jail, Assembly Room, Admin Bldg

Law Enforcement Memorial Service

May 11, 2016, 8:30 a.m.

Malcolm E. Beard Sheriff's Operations Center

HCSO Fallen Heroes Memorial Ride

May 14, 2016 , 7:30 a.m.

McDonald's Elementary School 501 Pruett Rd. Seffner, FL

Online registration at www.marketplace.hcsocharities.com

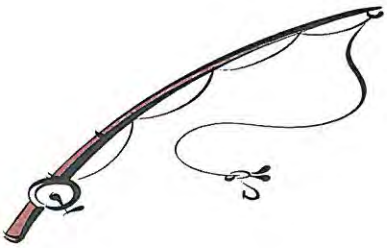
HCSO Fishing Tournament

June 4, 2016, 6 a.m. - 5 p.m.; Tournament 6 a.m. - 3 p.m.;
Dinner, judging and prizes 3 - 5 p.m.

Westshore Yacht Club

6003 Beacon Shores St. Tampa, FL

Online registration at www.marketplace.hcsocharities.com



Welcome to the Club!

Phillip Acaba
Donald Alexander
Timothy Allen
Luis Argote Jr.
Jamie Blastow
Thomas Bosley
Donald Brauner
Percival Brown
Michael Cherup Jr.
Frances Clark
Efrain Cruz
Elinor Cunningham
Tamela Cuscaden
Marie Davis
Michael Eastman
Hector Fernandez
Curtis Flowers
James Fly
Mark Frazer
Marian Gale
Russell Hassell III
Randall Hierlmeier
Elvira Huggins
Armando Judge
Daniel Kornegay
Mayra Morales
Leon Paige
Frederic Porter
Earl Reeves
Michael Rouleau
William Russell
Jean Santos
Carlos Somellan Jr.
Terry Thomas
Sharon Weibel

Advisory Board Members

Carl V. Barletta
Joe Franceschi
Robert Grant
Ron Hartley
John Hattan
J.R. "Jim" Miller
Phil Puleo
Sandi Ray
Richard Smith
Evelyn Yates

Committees

Communications/Newsletter

Advisory Board
Tanya Preza, Newsletter Editor

Legislative Committee

Carl Barletta
Walt "Bud" Fisher
Melt Godwin
Frank Martelli
Kenneth Schintzius

Social Events Committee

Evelyn Yates

Donations

We are still in need of sponsors to support the quarterly meetings. If you or someone you know would like to sponsor a meeting by donating $300, please contact Ken Schintzius at Kenneth.schintzius@gmail.com

Message from Supervisor of Elections (Continued from Page 1)

Being an informed voter means knowing how to cast your ballot, too. If you want to vote by mail, you have to request a mail ballot. Vote By Mail is extremely convenient. Take your time filling out your ballot at home, sign the envelope and drop it in the mail. I pay the return postage. If you prefer to vote in person, we'll have 15 Early Voting sites open for 14 days. Times and locations will be on my website, and you can go wherever and whenever it works for you. If you wait until Election Day, *the last day to vote*, you must vote in your precinct. We often have to relocate polling places, so please make sure to double check where to vote before you go.

One final request. I'm asking you to visit VoteHillsborough.org and subscribe to *my* newsletter. It's quick to read and a great way to stay up to date on what's happening in your elections office…because I am working for you now.

You Deserve to Be Healthy

It's Up to You!

The holidays are over! Spring is in the air! It's a great time to think about you! You deserve to be healthy...we all do! It's up to you to take care of yourself. No one else will do it for you. March is a great time to schedule all those preventive screenings for the year. Make a commitment to yourself to make the calls this month. Check the list below and make sure you've scheduled all your screenings. Do it for you!

Routine Checkups	27-49 years	50-59 years	60-64 years	65+ years
Vitality Check (BMI, blood pressure, blood glucose, cholesterol)	Every year	Every year	Every year	Every year
Cancer Screenings				
Colorectal Cancer (Men & Women)	Not routine except for patients at high risk	Colonoscopy at age 50 and then every 10 years		
Skin Cancer (Men & Women)	Total skin exam every year			
Breast Cancer (Women) Annual clinical exam Monthly self exam	*Women 40 to 44 should get a baseline mammogram *Women 45 to 54 should get a mammogram every year	Women 55 and older should switch to mammograms every 2 years		
Cervical Cancer (Women)	21-29, pap smear every 3 years	Beginning at age 30, pap smear plus HPV test done every 5 years		
Testicular & Prostrate Cancer (Men)	Clinical testicular exam annually at health maintenance visit.			
	Talk to doctor to make informed decision about PSA screening starting at age 45-50 depending on risk.			
Sensory Screenings				
Eye Exam	Not routine	Every year beginning at age 40		
Hearing Assessment	Only if symptoms occur			
Dental Exam	Two times per year			

For more information about this and other health and wellness topics contact HCSO Health and Wellness Manager Bonnie Salazar at extension 8211.

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